

The Hainerberg E.S. Family Bulletin

Volume 11, Issue 6

<http://www.wies-esh.eu.dodea.edu/index.html>

March 2009



The mission of Hainerberg Elementary School is to provide exemplary educational programs that inspire and prepare all students for success in a global environment.



UPDATE YOUR CALENDAR

Monday, March 2
Read Across America

Tuesday, March 3
"Mighty Minds" Musical Production
by the 5th graders – 6:30 p.m.

Wednesday, March 4
PTO Meeting – 3:00

Mon-Fri, Mar 9-13
Terra Nova Testing

Thursday, March 19
Pre-School Screening

Friday, March 20
First Day of Spring

Friday, March 27
Sing-A-Long – 1st & 2nd graders – 8:30



HES STAFF INFORMATION

PRINCIPAL – Dr. Barbara Hickman
ASSISTANT PRINCIPAL – Mrs. Wanda McKinzy

Names Removed

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Cellular phones: 0170-336-5018, 0171-559-0073

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Mark your calendars!! Tuesday, March 3 is the day, 6:30 pm is the time, and the Multi-purpose room (also known as the gym) is the place for the performance of the musical "Mighty Minds" by the Fifth graders. Come see it all- singing, dancing, and acting! 5th graders need to report to the library at 6:00 pm for line-up and warm-up.



"You Made the Grade" Program

Kids, did you make all A's and B's on your last report card??
Take your report card to AAFES main store and pick up your
coupon book - a small reward for all of your hard work!!

Autism 101

The ISS-Autism Consultant for DoDDS-Europe, in conjunction with the Heidelberg District Superintendent's Office, will present a three session, six topic workshop to help community service providers, teachers and families of the Wiesbaden Military Communities develop hands-on, in the trenches techniques for working with students with Autism Spectrum Disorder (ASD)

One: What is ASD and why am I seeing it now? *and*
what are some easy, useful tools I can use in my classroom?
Monday March 16, 2009 from 4:30 to 7:30

Two: The classroom experience: A student's perspective *and*
how do we serve students with more involved needs?
Wednesday March 18, 2009 4:30 to 7:30

Three: The behavior is out of control...HELP! *and*
socialization skills: How to win friends and influence people!
Thursday Monday March 23, 2009 4:30 to 7:30

- Location- Wiesbaden Middle School Information Center
- Graduate credit will be offered for those who attend all meetings and complete a response paper
- Walk-Ins are welcome, but if possible please e-mail Chuck York (Chuck.York@eu.dodea.edu) and let him know which sessions you plan to attend

Celebrate Music in Our Schools Month

World's Largest Concert

Friday March 27

8:30 AM



Kinder, 1st & 2nd grade sing along
Hainerberg Multipurpose Room



From the Host Nation Corner

Think about church....and church bells...

There are church bells since hundreds of years in the church towers and people rang them during special times of the day or for special occasions. There was a "fire bell", which warned people, one special bell was only ringing when somebody died, the "evening bell" told the people to close the town doors, the "church bell" called people to come to church. One could cause these bells to vibrate with a rope and the clapper of the bell inside made those bells ringing.

During the 13th century the bell-ringers had the idea to fix a rope on the clapper and ring the bell. One could play a little melody on three bells.

During the middle Ages there were the first tower clocks connected with several bells ringing every fifteen minutes. Only few people had a watch at that time, so people had to listen to the church bells to know what time it was. To give them a little time to listen to the bells, there was a little melody played on four bells.

"Carillon" is the French word for a hand played "Glockenspiel" (bell ringing). The Carillon is a keyboard instrument. Its equipment for playing by human hands and feet their ranges extend from a minimum of 23 bronze bells to more than 60 bells. And only a player (Carillonneur) can ring the Carillon. The bells are thicker as normally. Some of the Carillons do have an automatic release with the tower clock so they can play little melodies during special times of the day. Each bell is unique. Not only does each bell possess its own unique tonal characteristics, but its inscription, name, shape and decorations all serve to set it apart from all other bells. The bell is the servant of our feelings, and for centuries has adapted his voice to the mood of each occasion.

And here a little background information about the Market Church in Wiesbaden:

Built 1853 - 1862. Since 1986 there are 49 church bells (five "old" ones). And this is the special - there is one church bell with "Hainerbergschule" (Hainerberg school) engraved - due to the donation under the principal Mr. Jim Lenz. All those bells are in the tower of the church 65 m high, 320 steps lead up to the little playroom. 25 bells are connected with an automatic player (each one with a second hammer on the outside of the bells) so there can be a short play three times every day with these electronic microchips.

And here is some extra information for German speaking students -

Please take a look what the University Mainz offers for kids 6 - 11 years old

www.kinderuni.uni-mainz.de

Also interesting for German speaking students: www.kruschel.allgemeine-zeitung.de

and www.Helles-Koepfchen.de.

Host Nation Teacher



Monthly Screening for Preschool Children

Hainerberg Elementary School conducts a monthly screening of preschool children for those parents who have concerns regarding their child's development. If you, or someone you know is concerned about a child's language, learning, social interaction, fine/gross motor, or self-help skills, you can get more information about their development by making an appointment to have them screened.

The March screening will take place on March 19th.
Please contact the Main Office (705-5160) to make an appointment.



Student Council

YEARBOOK

For the 2nd year in a row, the Student Council was asked by the PTO to judge the best entry for the school yearbook cover. It was a tough job but they worked together and decided on the top 5. Entries that were not chosen will also be placed in the yearbook.



Student Council members voting for yearbook cover

PENNY DRIVE

The Student Council will be busy this month counting all the pennies collected from the Penny Drive to benefit wounded soldiers. All grades contributed to this campaign and the Student Council is counting and rolling the pennies to see which grade level contributed the most. Stay tuned to find out how much money was raised!



Counting pennies



REINTEGRATION CEREMONY

The Student Council also played an important part in the Reintegration Ceremony on January 28th. Students read poems about our soldiers that are heroes. They were also the official cake cutters with General Hertling!



Cutting the cake with General Hertling

THANKS!!

A special thank you to all the Student Council members who helped blow up balloons and decorated the gym for the PTO Valentine Dance. It looked great!

Read Across America March 2nd

March 2nd is Read Across America (Dr. Seuss' birthday) and the Student Council is encouraging everyone to "Drop Everything and Read". At 1:45 the entire school will participate in a school wide READ IN. Every student should be prepared for this event.

Some classes are also conducting Book Swaps. Students will be able to bring in used books and swap with classmates. An old book can be a new book to a friend!

On March 2, the National Education Association is calling for every child to be reading in the company of a caring adult.

For more information about Read Across America, see <http://www.nea.org/grants/886.htm>

PTO News

Next PTO Board Meeting
Wed., March 4 from 3-4 PM in the PTO Room
Open to PTO board members.

Upcoming Events

Mar. 9-13 – PTO provides snacks during
Terra Nova Testing

Mar. 23-24 – Spring (Student) Pictures

Mar. 27 – PTO Bingo

Apr. 24 – Spaghetti Dinner

Apr. 24 – PTO Art Auction

May 4 – PTO Teacher Appreciation Week

TBA – 5th Grade Celebration

(Details for these events will be announced
when they are finalized.)

**Volunteers needed! Please let us know how you
can help**

PTO Board Members

Names Removed.

From the Hainerberg Elementary Health Office

Parents/Sponsors,

Lice are still present in the school. The school nurse continues to do routine spot checks. However, we all have to be vigilant. Continue to frequently check your child's hair at least several times a week. As I receive information about lice in your child's classroom, I will send out a letter so parents can be aware and take the necessary precautions. Below is information on lice by the NPA. I hope it is helpful because many people have never had any experience with head lice. The sooner lice are identified the quicker and easier they can be treated. The longer they are in the hair, the more they multiply, creating a lot of work! If the school nurse can be of assistance please, call at 0611-705-5160. For more information, you may visit the following website: www.cdc.gov/lice

10 Steps To Help Keep Head Lice And Their Eggs Out Of Your Child's Hair

1. Watch for signs of head lice, such as frequent head scratching. Anyone can get head lice... mainly by head-to-head contact but also from sharing hats, brushes and headrests. Lice do not jump or fly.
2. Check all family members for lice and nits (lice eggs) at least once a week. Only those infested should be treated. Lice are reddish-brown wingless insects, nits are grayish-white, always oval shaped, and are glued at an angle to the side of the hair shaft.
3. Be sure not to confuse nits with hair debris such as bright irregularly shaped clumps of dandruff stuck to the hair shaft or elongated segments of dandruff encircling the hair shaft and easily dislodged. Lice treatment is inappropriate for hair debris.
4. Consult your pharmacist or physician before applying or using lice treatment pesticides when the person involved is pregnant, nursing, has allergies, asthma, epilepsy, has pre-existing medical conditions, or has lice or nits in the eyebrows or eyelashes. Never use a pesticide on or near the eyes.
5. Remember, all lice-killing products are pesticides. If you choose to purchase an over-the-counter treatment, follow the directions carefully and use with caution. If the product fails, do not switch to other over-the-counter treatments or use any prescription products as a "last resort". This can be potentially harmful. Manual removal is the safe alternative and a necessary component to any head lice treatment regimen.
6. Follow package directions carefully. Use the product over the sink, not in the tub or shower. Always keep the eyes covered.
7. **Remove all nits.** This assures total lice treatment. Separate hair in sections and remove all attached nits with the NPA's LiceMeister® comb, baby safety scissors, or your fingernails.
8. Wash bedding and recently worn clothing in hot water and dry in a hot dryer. Combs and brushes may be soaked in hot water (not boiling) for 10 minutes.
9. **Avoid lice sprays!** Vacuuming is the safest and best way to remove lice or fallen hairs with attached nits from upholstered furniture, rugs, stuffed animals and car seats.
10. Notify your child's school, camp, childcare provider, neighborhood parents, or visit HeadLice.Org to report a lice outbreak to the NPA. Check for lice on a regular basis. This is the best way to protect your family and community.

March Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée
Mini Chicken Sandwich Beef Frank	Pepperoni Pizza Grilled Turkey & Cheese	Soft Taco w/Cheese Chicken Quesadilla	Spaghetti w/Meat Sauce Chef Salad	Baked Chicken Fries Baja Fish Sticks
Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items
Baked Beans Garden Side Salad Orange Wedges Fruited Jell-O Milk	Seasoned Corn Garden Side Salad Fruit Cup Fruited Jell-O Milk	Carrots, Broccoli & Cauliflower Chilled Pears Blueberry Muffin Fruited Jell-O Milk	Green Beans Chilled Fruit Cocktail Garlic Toast Fruited Jell-O Milk	Pasta Salad Cucumber & Carrot Sticks Banana Dolphin Crackers Milk
9	10	11	12	13
Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée
Orange Ginger Chicken w/Veggies Teriyaki Chicken Dippers	Cheese pizza Baked Chicken Tenders w/Roll	Chicken Alfredo w/Pasta Ham & Cheese Sandwich	Cheese Pizza Dippers Yogurt & ½ Grilled Cheese	Cheeseburger Mac Chef Salad
Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items
Chicken Rice Steamed Broccoli & Carrots Chilled Pineapples Fruited Jell-O Milk	Green Beans Chilled Peaches Garden Side Salad Fruited Jell-O Milk	Cauliflower & Carrots Chilled Pears Fruited Jell-O Animal Crackers Milk	Carrot Sticks w/FF Dip Apple Quarters Goldfish Pretzels Fruited Jell-O Milk	Garden Side Salad Fruit Cup Bread Sticks Fruited Jell-O Milk
16	17	18	19	20
Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée
BBQ Riblet Baked Chicken Drumsticks	Cheese Pizza Cheeseburger	Turkey Sausage Cheese Omelet	Hamburger Ham & Cheese	Chicken Corn Dog Ravioli
Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items
Broccoli Applesauce Fruited Jell-O Whole Wheat Roll Milk	Carrots & Celery w/FF Dip Chilled Pears Fruited Jell-O Milk	French Toast Sticks Baked Tater Tots Banana Milk	Baked Sweet Potato Fries Fruit Cup Fruited Jell-O Ice Cream Milk	Garden Side Salad Chilled Peaches White Grain Roll Chocolate Chip Muffin Milk
23	24	25	26	27
Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée
Meat Loaf Chef Salad	Pepperoni Pizza Grilled Turkey & Cheese	Soft Taco w/Cheese Chicken Quesadilla	Spaghetti w/Meat Sauce Chef Salad	Baked Chicken Fries Baked Baja Fish Sticks
Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items	Choose 2-5 Side Items
Mac & Cheese Garden Side Salad Soft Wheat Pretzel Fruit Cup/Fruited Jell-) Milk	Seasoned Corn Garden Side Salad Fruit Cup Fruited Jell-O Milk	Carrots, Broccoli & Cauliflower Chilled Pears Blueberry Muffin Fruited Jell-O Milk	Green Beans Chilled Fruit Cocktail Garlic Toast Fruited Jell-O Milk	Pasta Salad Cucumber & Carrot Sticks Banana Dolphin Crackers Milk
30	31			
Choose 1 Entrée	Choose 1 Entrée			
Orange Ginger Chicken w/Veggies Teriyaki Chicken Dippers	Cheese Pizza Baked Chicken Tenders w/Roll			
Choose 2-5 Side Items	Choose 2-5 Side Items			
Chicken Rice Steamed Broccoli & Carrots Chilled Pineapples Fruited Jell-O Milk	Green Beans Chilled Peaches Garden Side Salad Fruited Jell-O Milk			

Students can always order a salad vs. the Entrée
 You can check the current school lunch menu here
<http://odin.aafes.com/nutrition/menus.htm>